

ELEMIS Spa Treatments

Face: Touch: Anti-Ageing

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

ELEMIS Pro-Collagen Age Defy

Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.

£70.00 (55mins)

ELEMIS Pro-Definition Lift & Contour

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.

£70.00 (55mins)

ELEMIS Dynamic Resurfacing Precision Peel

Clinically proven* to target the signs of ageing and uneven skin tone. This pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger looking skin.

£70.00 (55mins)

ELEMIS White Brightening Pigment Perfector

Restores even skin tone, targeting unwanted areas of pigmentation. Encapsulated Vitamin C acts as a potent brightener, inhibiting future pigmentation. The result is a more even, colour-corrected and illuminated complexion.

£70.00 (55mins)

Touch: Skin Solutions

These targeted treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for healthier complexions.

ELEMIS Taster

This introductory facial provides a quick and instant pick me up for any occasion.

£35.00 (25mins)

ELEMIS Superfood Pro-Radiance

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energizing, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health.

£58.00 (55mins)

ELEMIS Sensitive Skin Soother

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

£58.00 (55mins)

ELEMIS Anti-Blemish Mattify & Calm

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.

£58.00 (55mins)

Men: Touch

ELEMIS High Performance Skin Energiser

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximizes cell regeneration, as steam and extraction decongests. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

£58.00 (55mins)

*Independent Clinical Trials

Discover a warm welcome

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ELEMIS Couture Touch

Face & Body Combinations

Condition your skin and muscles with this all-embracing experience. Choose your own combination of ELEMIS hands-on TOUCH facial with your personalised Freestyle deep tissue massage or let your ELEMIS therapist personally prescribe the perfect treatment to work with your skin, your mood and your needs.

60 mins £70.00 / 90 mins £88.00 / 120 mins £110.00

Body: Detox and Cellulite

ELEMIS Thousand Flower Detox Wrap

This nutrient-rich detox wrap uses the deeply nourishing Green Tea balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

£60.00 (55 mins)

ELEMIS Targeted Toning Tightener

A powerful blend of massage and detoxifying clay for targeted toning and tightening on hips, thighs, abdomen and backs of arms. Clinically proven* to reduce the appearance of cellulite after just one treatment.

£60.00 (55 mins)

Body: Massage

ELEMIS Freestyle Deep Tissue Massage

Your therapist will select an aromatic oil according to your concerns, whether it be muscle pain, stress relief, relaxation or balance.

The flowing massage works deeper into the tension, encouraging optimum circulation.

55 mins £58.00 / 25 mins £40.00

*Independent Clinical Trials

Body: Energy Boosting and Musclease

ELEMIS Hot Mineral Body Boost

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. Completed by a restorative facial massage, this is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energizing wellness.

£60.00 (55 mins)

ELEMIS Poultice Powered Muscle Release

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Each area of tension is specifically targeted with the unique Amber and Quartz poultice to dissolve knots and ease tensions. Completed with a restorative facial massage, tension is dissolved.

£70.00 (55 mins)

ELEMIS Garden of England Rose Restore

A lavishly hydrating body massage. The unique trio of rose, camellia and poppy seed oils maintain and restore elasticity, whilst encouraging skin renewal. The skin is anointed with nourishing oils whilst a nurturing Rose balm and bespoke massage comfort the skin, and ground the spirit. Skin is left exquisitely moisturised, intensely supple and deliciously scented.

£60.00 (25 mins)

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Body: Scrubs and Wraps

ELEMIS Body Nectar Nourishing Wrap – Sweet Orchid or Frangipani

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

£55.00

ELEMIS Intensely Cleansing Salt Scrub – Lime and Ginger or Frangipani

Fragranced salt will gently slough away dead skin cells, encourage the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

£40.00

Body: Hands and Feet

ELEMIS Garden of England Rose Restore Hand Treatment

This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.

£30.00

ELEMIS Best Foot Forward

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.

£30.00

Pregnancy Treatments

ELEMIS Peaceful Pregnancy Massage

Performed on a pear-shaped beanbag that moulds to every bump, mothers-to-be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

£70.00

ELEMIS Peaceful Pregnancy Face and Body Experience

Settle into the unique pear-shaped beanbag for this treatment combination that gently addresses any visible effects of hormonal changes on the skin and supports it as it accommodates your baby.

£110.00

Natural Spa Factory – Sweet Blossom Back Massage

Ideal during pregnancy once passed your first trimester. Feel nurtured and relaxed with this massage, focusing on lower back ache whilst soothing & nourishing your skin with neroli essential oils. A pregnancy hero – it helps fade scars and stretch marks, vitamin E enriched almond oil to nourish and regenerate skin cells. Uplifting and relaxing, this will pamper tired and stressed muscles.

£35.00

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Natural Spa Factory Treatments

Face

Renew & Illuminate Facial

A deep cleanse, tone & exfoliate with the illuminate range, which combines rice bran and alpine plants, which reduce the appearance of age spots, light blemishes, balance sebum production and even out skin tone. Perfect for all skin types and ages.

£30.00

Blissful Radiance Facial

Packed with natural ingredients including rice bran oil, a combination of alpine plants and with notes of white flower and vanilla; the Blissful radiance reduces the appearance of age spots, lightens blemishes, balances sebum production, plump fine lines and wrinkles and even out skin tone.

Perfect for all skin types and ages.

£45.00

Golden Glow Facial

A truly decadent facial combining the power of Gold, caviar, Champagne and pearl to stimulate cellular growth, restore elasticity and generate healthy, firm skin cells – plumping and firming skin. This facial has healthy-ageing properties and will leave your skin glowing with vitality.

£45.00

Body

Sweet Neroli Massage

Alleviates stress using Swedish massage techniques, easing tired muscles, using a blend of neroli, ho wood and sweet mandarin oils to relax and uplift your mood and nourish skin.

55 mins £50.00 / 25 mins £35.00

Hot Stone Massage

Indulge in this deeply warming body massage, using heated stones to work deep into the muscles. Increases your sense of relaxation, soothing an aching body, combined with essential oils including sweet neroli, ho wood and rose oil to nourish, relax and uplift.

55 mins £70.00 / 40 mins £45.00

Wild Rose Body Scrub

Full body exfoliation using a combination of natural sea salt, vitamin enriched oils and rose petals. Perfect for removing dead skin cells, nourishing and promoting new cell growth, hydrating and cleansing skin, using the healing and renewing powers of Rose petals and peach kernel oils.

£18.00

Luxury Leg Therapy

Full leg and foot scrub, packed with natural olive stone for a gentle exfoliation, and ho wood and mandarin oils for soothing tired and aching dry legs and feet. Followed by luxurious massage to ease water retention, stimulate circulation and further hydrate and soothe the skin.

£25.00

Mud Rasul

This ancient Arabic cleansing ritual is where you apply medicinal Chakra muds to the body whilst relaxing in steam. This is a magical way to detoxify, moisture and exfoliate the skin. This experience is completed with a drenching, refreshing shower. (chamber is suitable for a maximum of 4 people and minimum of 2 people).

Not suitable for pregnancy.

For two £65.00 / For three £88.00 / For four £95.00

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Nails by OPI

Your nails will be filed into your chosen shape and smoothed in preparation for an application of base coat followed by your choice of award winning OPI Nail Lacquer and completed with OPI Top Coat for the ultimate finish and shine. This service does not include cuticle care. Perfect for on the go glamour.

OPI Colour & Go Manicure

£18.00

OPI Colour & Go Pedicure

£20.00

Spa Manicure by OPI

Manicure by OPI offers an age defying luxury treatment to renew and revitalise skin. Cuticles and nails are pampered whilst hands are gently exfoliate, hands and arms are massaged with indulgent butters enriched with aroma-therapeutic essences. Your treatment is completed with your chosen OPI Nail Lacquer.

£35.00

Spa Pedicure by OPI

Immerse your feet into the pampering world of OPI. Incorporating the sumptuous botanical extracts and hydrating properties of OPI's Pedicure Range. Feet are soothed, scrubbed, softened and hydrated with a soothing mask for the ultimate treat. This service includes cuticle care, shaping and will be completed with your chosen shade of OPI Nail Lacquer.

£38.00

Men's Hand & Nail Grooming Treatment

The OPI Gentlemen's manicure is designed to shape the nail, care for cuticles and soothe the skin with an indulgent massage tailored to male skin. The treatment is completed with a Nail Buff & Shine or Matte Nail Envy for ultimate treatment care with a natural finish.

£20.00

GelColor by OPI

GelColor by OPI, iconic OPI Nail Lacquer shades in a polish-on-Gel formula! GelColor is a pure gel colour enhancement service that offers you weeks of glossy OPI colour in a quick professional service. Perfect over your natural nails or enhancements, choose your favourite OPI shade from deep and edgy, sheer to shimmer – we've got your colour!

GelColour – Full set hands or feet

Choose your favourite OPI shade for weeks of long lasting colour and glossy wear.

£25.00

GelColour – Removal & re-application

We will soak off your GelColor and then your nails will be pampered and prepped before a new set of GelColor is applied to nails.

£30.00

GelColor – Removal service

We will soak off your GelColor and cuticles are tamed, pampered and conditioned your nails are filed and smoothed.

£8.00

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Essentials

Teen treatments – 13 to 15 years

- Cleansing Facial **£20.00**
- Body Scrub **£15.00**
- Spray Tan **£18.00**
- Mini Manicure **£15.00**
- Mini Pedicure **£15.00**
- Eyebrow Shape **£6.00**
- Underarm Wax **£10.00**
- Teenager Make-Up **£20.00**

Waxing

- Full Leg (inc. Bikini) **£32.00**
- Full Leg **£28.00**
- Half Leg **£17.00**
- Underarm **£12.00**
- Lip or Chin **£9.00**
- Lip and Chin **£12.00**
- Mens Back or Chest **£20.00**
- Bikini Line **£12.00**
- Forearm **£14.00**

Eye treatments

- Eyebrow Shape **£9.00**
- Eyelash Tint **£12.00**
- Eyelash and Brow Tint **£14.00**
- Eyelash and Brow Tint and Shape **£22.00**
- Eyebrow Shape and Tint **£12.00**

Tanning

- St Tropez – Full Body **£25.00**
- St Tropez – Half Body **£18.00**

Holistic

- Indian Head Massage **£35.00**
- Hopi Ear Candles **£35.00**

Make-up

- Make-up **£37.00**
Including consultation
- Bridal Make-up **£65.00**
Including consultation, trial make over prior to
Wedding Day and make-up on your Wedding Day

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